# Dr. Asterios (Stergios) Pispas

Dr. Asterios (Stergios) Pispas is an expert in *polymer synthesis utilizing controlled polymerization techniques*, including anionic, RAFT, ATRP and cationic polymerizations. In the last 15 years, Dr Pispas and his group are using RAFT polymerization methodologies to *synthesize novel well-defined (co)polymers*. He has made valuable contributions to the synthesis of amphiphilic/double hydrophilic/thermo- and pH responsive block copolymers and synthetic polyelectrolytes, as well as their solution self-assembly, and co-assembly with other (macro)molecular species and inorganic entities (nucleic acids, proteins/peptides, surfactants, lipids, drugs and inorganic nanoparticles). Successful synthesis of complex and well-defined macromolecular architectures, like *triblock terpolymers*, *mikto-arm star copolymers*, *graft and hyperbranched copolymers* via RAFT polymerization schemes has been presented in more than 40 publications. Establishment of *relationships between macromolecular structure with physicochemical behavior and properties* at the molecular and supramolecular level in solutions, bulk state and on surfaces has been one of the major scientific outcomes so far.

A long-lasting goal pursued over the years is the determination of ways to control supramolecular nanostructures utilizing chemically designed macromolecules alone or in conjunction with functional biological/inorganic moieties. The multifunctional and multicomponent nanostructures he has developed, using also self-assembly principles with a variety of nano/biomaterials, have provided and established novel physicochemical nanostructuring pathways, and showed innovative proofs of concept toward applications in the fields of nanomedicine, and drug/gene/protein delivery for therapeutics, bio-imaging, sensing and water treatment.

His achievements in macromolecular systems and nanomaterials research are demonstrated by the large number of original publications in **high impact factor journals** (>380), several **review articles** and **chapters in books**, the fruitful **collaborations** he has established with >20 research **groups** all over the world, the significant funding he has received, the recognition of his research accomplishments via a high number of **citations** (~10,000), several invited talks and prestigious awards (e.g., ACS Doolittle Award, Distinguished Visiting Scholar of CPAM-PAN).

Dr. Pispas is Editor of *Polymers*, member of the EPJ and CPS Editorial Boards, of ERC and other EU, US, European and Greek evaluation panels.

Dr. Pispas activities has also included direct contracts with Greek pharmaceutical companies and three national patent applications (one awarded, two pending).

As further proof of his scientific accomplishments, Dr. Pispas was included in the Top 2% Scientists Worldwide in Chemistry in the field of Polymers for the years 2018-2021.

The total number of citations (excluding self-citations), according to the Web of: 9615 (8273)

The Hirsch index, according to the Web of Science: 43

The address of: Web of Science Researcher ID: DNM-5660-2022; ORCID: orcid.org/0000-0002-5347-7430

The most representative publications (max. 10)

Main author, Q1 classification:

Authors, Title of paper	Journal	IF
1. A. Chroni, A. Forys, T. Sentoukas, B. Trzebicka, S.	Eur. Polym. J. 169, 111158, <b>2022</b>	5.546
Pispas*, Poly[(vinyl benzyl trimethylammonium	10.1016/j.eurpolymj.2022.111158	
chloride)]-based nanoparticulate copolymer structures		
encapsulating insulin		
2. D. Selianitis, S. Pispas*, Multi-responsive	Polym. Chem. 12, 6582, <b>2021</b>	5.364
poly(oligo(ethylene glycol) methyl methacrylate)-co-	10.1039/D1PY01320C	
poly(2-(diisopropylamino)ethyl methacrylate)		
hyperbranched copolymers via reversible addition		
fragmentation chain transfer polymerization		
3. D. Giaouzi, S. Pispas*, Complexation behavior of	Eur. Polym. J. 155, 110575, <b>2021</b>	5.546
PNIPAM-b-QPDMAEA copolymer aggregates with linear	10.1016/j.eurpolymj.2021.110575	
DNAs of different lengths		
4. A. Skandalis, M. Uchman, M. Stepanek, S. Kereiche, S.	Macromolecules, 53, 5747, <b>2020</b>	6.057
Pispas*, Complexation of DNA with QPDMAEMA-b-	10.1021/acs.macromol.0c00388	
PLMA-b-POEGMA cationic triblock terpolymer micelles		
5. A. Skandalis, A. Murmiliuk, M. Stepanek, S. Pispas*,	Polymers, 12, 309, <b>2020</b>	4.967
Physicochemical evaluation of insulin complexes with	10.3390/polym12020309	
QPDMAEMA-b-PLMA-b-POEGMA cationic amphiphlic		
triblock terpolymer micelles		
6. A. Chroni, S. Pispas*, Hydrophilic/hydrophobic	Eur. Polym. J., 129, 109636,	5.546
modifications of a PnBA-b-PDMAEA copolymer and	2020	
complexation behavior with short DNA	10.1016/j.eurpolymj.2020.109636	
7. A. Papagiannopoulos, A. Meristoudi, S. Pispas*, U.	Eur. Polym. J., 99, 49, <b>2018</b>	5.546
Keiderling, Thermal response and self-organization in an	10.1016/j.eurpolymj.2017.12.005	
amphiphilic triblock polyelectrolyte and the influence of		
the globular protein lysozyme		

8. A. Skandalis, A. Sergides, A. Bakandritsos, S. Pispas*,	Polymers, 10, 14, <b>2018</b>	4.967
PLMA-b-POEGMA amphiphilic block copolymers as	10.3390/polym10010014	
nanocarriers for the encapsulation of magnetic		
nanoparticles and indomethacin		
9. E. Vlassi, A. Papagiannopoulos, S. Pispas*, Amphiphilic	Eur. Polym. J. 88, 516, <b>2017</b>	5.546
poly(2-oxazoline) copolymers as self-assembled carriers	(Feature Article)	
for drug delivery applications	10.1016/j.eurpolymj.2016.10.034	
<b>10</b> . A. Skandalis, <b>S. Pispas*</b> , PDMAEMA-b-PLMA-b-	Polym. Chem. 31, 4538, <b>2017</b>	5.364
POEGMA triblock terpolymers via RAFT polymerization	10.1039/c7py00905d	
and their self-assembly in aqueous solutions		

## Projects that the project director has done as principal investigator/group leader

NANOMACRO – Functional Self-assembled Nanostructures from Block Copolymers and Proteins, ARISTEIA I, I.D.: 1129 GSRT, 2012-2015, principal investigator, 300K€\*;

http://eie.gr/nhrf/institutes/tpci/news-gr.html, https://www.demetzoslab.gr/datafiles/file/Nanomacro.pdf MAGNANODRUGS - *Development of multifunctional magnetic nanoparticles for the targeted delivery of anticancer drugs*, THALIS MIS: 380212, ID 563, Greek Ministry of Education, 2012-2015, **Coprincipal investigator**, 110K€\*

Development of composite material and related processes of application and structural integrity monitoring for aerospace applications with potentiality for self-healing; THALIS MIS: 379412, ID 593, Greek Ministry of Education, 2012-2015, **Task Leader**, 25K€\*.

REGPOT "POLINNOVA", GA No. 316086, EU-FP 7, 2013-2015, **Partner Group Leader & Member of the Scientific Advisory Board of the project**, 120K€\*. http://polinnova.polymer.bas.bg/en/partners/Instruct-ULTRA, *Releasing the full potential of Instruct to expand and consolidate infrastructure services for integrated structural life science research*, EU-Horizon2020-INFRADEV-2016-2017, 2018-

INSPIRED, *The National Research Infrastructures on Integrated Structural Biology, Drug Screening Efforts and Drug Target Functional Characterization*, GSRT, MIS 5002550, 2018-2022, **Co-principal investigator** /TPCI **Group Leader** and **Member of the Governing Board**, 40K€\*. https://www.inspired-ris.gr/objectives en.html

NANOSHIELD, New generation, safe, nanotechnological products to control plant diseases while improving plant health, GSRT-NSRF, MIS: 5067585, ID:  $T2E\Delta K$ -02113, 2014-2020 -Cooperation of Industries with Research Organizations / Research – Create – Innovate / 2nd Call, 2020-2023, **Coprincipal investigator** /TPCI **Group Leader**,  $196Ke^*$ .

http://eie.gr/nhrf/institutes/tpci/projects/TPCI NANOSHIELD project.pdf

2020, **Task Leader**, 30K€\*. https://cordis.europa.eu/project/id/731005

\*Coordinated group funding is indicated only

#### **Patents**

*Nanocarrier compositions*, Inventors: N. Pippa, C. Demetzos, **S. Pispas**, G. Sivolapenko, Applicant: ELPEN S.A, GR1008332 (21-10-2014).

Lyotropic lipid liquid crystal nanoparticles as nanocarrier systems for active pharmaceutical ingredients, Inventors: K. Demetzos, A. Pispas, M. Chountoulesi, Applicant: UNI-PHARMA Kleon

Tsetis Pharmaceutical Laboratories S.A., Hellenic Industrial Property Organization (OBI), Appl. #: 20210100567, Date filed: 23.08.2021 (pending).

Lyotropic liquid crystalline nanosystems with encapsulated bioactive macromolecules, Inventors: K. Demetzos, A. Pispas, M. Chountoulesi, Applicant: UNI-PHARMA Kleon Tsetis Pharmaceutical Laboratories S.A., PCT/GR2022/00040, Date filed: 29.07.2022 (pending).

### **Invited presentations at international conferences (recent, selected)**

9th World Congress on Chemistry and Medicinal Chemistry, Prague, Czech Republic (May 13-14, 2019). *Cationic block copolymers as carriers for proteins and nucleic acids* (keynote lecture)

1st Virtual European Polymer Conference (September 17-18, 2020). *Novel amphiphilic cationic block copolymers by RAFT and their complexes with DNA* 

International Online Conference on Nano Materials-ICN 2021, Mahatma Gandhi University, Kottayam, Kerala, India (April 9-11, 2021). *Nanostructures from cationic block copolymers and DNA by electrostatic co-assembly* (plenary lecture)

International Online Conference on Macromolecules: Synthesis, Morphology, Processing, Structure, Properties and Applications-ICM 2021, Mahatma Gandhi University, Kerala, India (10-12.09. 2021). *Thermoresponsive copolymers of different macromolecular architectures by RAFT polymerization* 

International Conference Progress in Organic and Macromolecular Compounds, 28th Edition, ICMPP, Iasi, Romania (October 7 - 9, 2021). Responsive copolymers by RAFT polymerization as building blocks for constructing self-assembled bio-hybrid nanostructures

The Silesian Meetings on Polymer Materials POLYMAT 2022, Zabrze, Poland (March 17, 2022). *Thermoresponsive linear and hyperbranched copolymers using RAFT polymerization* 

Polymers 2022, Velingrad, Bulgaria (July 5-8, 2022). *Hyperbranched copolymers by RAFT: Synthesis and solution nano-assemblies* (plenary lecture)

7th Edition of the Smart Materials and Surfaces International Conference - SMS 2022, Athens, Greece (October 26-28, 2022). *Functional nanostructures based on smart copolymers* (keynote lecture)

### Organization of international conferences

Member of the Organizing Committee: 34th European Colloids & Interface Society Conference (ECIS 2021), September 5-10, 2021, Athens, Greece

Member of the Organizing Committee: 13th International Greek Polymer Society Conference, December 12-16, 2021, Athens, Greece

### Major contributions to the early careers of excellent researchers

Dr. Pispas' complementary educational and training activities are reflected in the supervision of **6 post-doctoral fellows**, **17 Ph.D. and 18 Master students in the last 10 years** (10 of them now continuing their careers in the industry sector and several others in academia). Former Postdoc and PhD student, Dr N. Pippa is now Assistant Professor at the School of Pharmacy, NKUA, Athens. Former Postdoc and PhD student Dr Theodoros Sentoukas is now Assistant Professor at the Centre for Polymer and Carbon Materials, PAN, Poland. Former PhD student Dr A. Skandalis is now Post-doc at Adolphe Merkle Institute, Switzerland, after a 2-year post-doc position at Imperial College London, UK. Several students and post-docs of the group have received national scholarships. Current research group includes 2 Post-docs, 7 PhD students and 5 Master students. Dr Pispas is co-supervisor in other 4 PhD theses.